

# Menu del Mercato

In Italy, dinner discussion is always focused on the food, the meal, the wine.  
At the traditional "Italian Table", the home meal is served from sharing platters.

***Our dishes are "famiglia" (family) size and are intended for 2 or more.***

Welcome to our table. Buon Appetito!

## ANTIPASTI

family size  
appetizer

### Olives

Marinated mixed olives, citrus, herbs, chili pepper

### Bruschetta

Italian style grilled bread with 2 classic toppings

### Arancini

Risotto and fresh mozzarella balls, (3pc) golden fried, served with spicy pomodoro sauce

### Prosciutto

Parma 24 month Italian Prosciutto, olive oil and Parmigiano breadsticks

### Cozze

Mussels, spicy wine & cream broth, citrus, green onion, celery, crostini bread

### Polpo

Grilled octopus, purple potato, tomato vinaigrette

### Caprese

Italian Mozzarella di bufala, pomodori, pesto, arugula

### Fegatini

Tuscan chicken liver paté, caper oil, pickled onions, vin santo aspic, crostini

## PRIMI PIATTI

family size  
first course

### Tagliatelle

Classic pomodoro sauce with cherry tomato, fresh basil and Parmigiano Reggiano

### Spaghetti

Cacio e pepe (classic dish of Rome) with Pecorino Romano cheese and black pepper

### Penne

Calabrese sausage, vermouth, cream, roasted tomato, Parmigiano Reggiano

### Linguine

Prawns and scallops in a saffron infused cream sauce, tomato, bread crumbs

### Gnocchi

Handmade potato dumplings, braised duck, mushrooms, arugula, Pecorino Romano cheese

### Risotto – Feature

Chef's daily feature with Italian Carnaroli rice. – ask Server for details

*Our fresh pasta is made in house.*

## SECONDI PIATTI

family size  
second course

### Pollo

Roasted chicken with fingerling potatoes, grilled onions

### Rosticiana

Full rack charred pork back ribs, spicy pear glaze with herbs, roasted pears

### Bistecca

Fiorentina style 26oz. rib steak with lemon, arugula, XV oil (double cut available)

### Agnello

Lamb sirloin agro dolce, pomodoro rustico confit, roasted fennel

### Fish - Feature

Chef's daily feature – ask Server for details

### Mini Arrosto Misto

Family style mixed grill, bistecca, pollo, Mamma Cathy's house made spicy sausage

### Grande Arrosto Misto

Family style mixed grill, double cut bistecca, full rack ribs, whole chicken, Mamma Cathy's house made spicy sausage

## CONTORNI

family size  
side dish

### Insalata Rucola

Arugula greens, Parmigiano Reggiano, lemon and XV oil dressing

### Insalata Indivia

Belgian endive, radicchio, arugula, apple, candied walnuts, lemon and honey vinaigrette

### Insalata Caesar

Kale, croutons, parmigiano, crispy prosciutto, caesar dressing

### Asparagi

Grilled asparagus, lemon mascarpone cheese, crispy prosciutto

### Bruxelles

Oven roasted brussel sprouts with garlic chips & prosciutto

### Cavolfiore

Cauliflower fritto, oven roasted kale, peperoncino chili, lemon

### Fagiolini

Baby green beans with shallots, white wine and toasted almonds

### Funghi

Selezione of mushrooms with fresh chili pepper and herbs

**It may be possible to accommodate food allergies or special dietary needs.  
Please advise your server prior to ordering. Substitutions politely declined.**



MENU IS SUBJECT TO CHANGE WITHOUT NOTICE



mercatowest.com